

# **The Foundation for a Happy Muslim Family**

**By**

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# Family Foundation in Islam

- **Qur'an and Sunnah**
- **Compassionate love & mercy**
- **Dwelling together “bil ma’arouf”**
- **Man has final responsibility & authority**
- **Transfer of wife’s responsibilities and loyalty**
- **Mutually complimentary rights & duties**
- **Two genders, one soul**
- **Cooperation, not competition**

# Family Objectives in Islam 1

- 1- Chastity, Comfort & Tranquility (Sakana)
- 2- Righteous offspring (Zuriyatan Tayyebat)
- 3- Inheriting Deen “To inherit me....” “Oh’ Yehya take the book with power.” “die only as Muslims”
- 4- Dedicating children to Allah “I dedicate what is in my womb to You, Oh Allah.”
- 5- Tawheed/Monotheism: “Oh my son never associate any one/thing with Allah”

# Family Objectives in Islam 2

6- Cooperation for righteousness: “And cooperate on matters of righteousness....”

7- Establishing deen: “He, Ismael, used to command his wife to pray and give Zakat.”

8- Developing earth: “And He empowered you to develop it, i.e the earth....”

9- Family is a basic unit in tribe and tribe in society: “We have made you into peoples and tribes so that you may .....

# Family Objectives in Islam 3

10- Getting closer to Allah and developing a righteous society: “I settled my family next to your holy house, our Lord, so that they may establish prayers, so please make the hearts of people yearn to join them....”

11- Defending Truth: “Be you standing for justice witnesses for allah” Al Nisaa 135  
“Stand up for Allah and be witnesses for justice” Al Maedah 8

# Complementary Duties

## Husbands

- **Dower**
- **Consultation**
- **Provision**
- **Education**
- **Mosque Access**
- **Personal Expenses**
- **Being Reasonable**
- **Financially Responsible**
- **Ultimate Leader**
- **Pilot**

## Wives

- **Acceptance**
- **Obedience**
- **Household Care**
- **Advice**
- **Teaching Children**
- **Moderation**
- **Seeking Permission**
- **Financially Independent**
- **Primary Supporter**
- **Co-pilot**

# Joint Responsibilities

- **Learning and Developing Together**
- **Enjoining the Good & Forbidding the Evil**
- **Love, Compassion, Mercy & Respect (Spouse & Family)**
- **Honesty, Trust, Tolerance & Consideration**
- **Openness, Support, Guidance & Care**
- **Meeting Each Other's Expectations: Chastity/Ihssan**
- **Being Pleasant & seeking Spouse's Pleasure**
- **Mending Differences Immediately**
- **One Policy towards children**

# Sources of Trouble Inside the Family

- Lack of Islam
- Evil Desires
- Ego
- Lack of Education
- Stubbornness
- In-laws Interference
- Incompatibilities
- Anger
- Insecurity
- Lack of Vision
- Unmet needs
- Time Mismanagement
- Habits and customs
- Carelessness
- Negligence
- Selfishness
- Finance
- Children



# Family Challenges 1

- **Balancing Business and Family needs**
- **Islam VS Materialism & self-worship**
- **Teaching Islam to children**
- **Keeping our children interested in Islam**
- **Answering our children's questions**
- **Building a mosque or a school**
- **Islamic school affordability**

# **Family Challenges (2)**

- **Choosing good friends**
- **Assimilation, Isolation or Integration**
- **Teenage issues**
- **Academic excellence VS Moral excellence**
- **Inter-cultural Marriage**
- **Lack of Islamic entertainment venues**
- **Generation Gap & Wrong Criteria**

# **Family Challenges (3) After Sept 11th**

- **Immigration issues**
- **Travel challenges**
- **Legal Insecurity (detentions, inquisitions, etc)**
- **Public Islam and society: The Hijab, the beard, etc**
- **Fear, Apprehension, and anxiety**
- **Identity crisis magnified (Youth & Adults)**
- **Societal and peer pressures magnified**
- **Media Pressure**

# **Family Challenges (4)**

- **Job Security**
- **Freedom of Speech**
- **Feeling home-sick, besieged and isolated**
- **Answering challenges against Islam**
- **Engaging in Public discourse**
- **Lack of social and legal support**
- **Children in Public schools**

# What Defines a Happy Family?

**Understanding**

**Responsibility**

**Sensitivity**

**Usrah**

**AA'ilah**

**Acceptance**

**Security**

**Comfort &  
Sakan**

# What Defines a Happy Family?

**Love**

**Care**

**affection**

**Attraction**

**Renewal**

**attention**

**togetherness**

**attachment**

# Prerequisites For a Happy Family

- **Building and strengthening the foundation**
- **Keeping up with Thikr on time**
- **Qur'an schedule (Recitation & Memorization)**
- **On-time prayers (Mosque & Home Jamaat)**
- **Using Islam as a reference for thought and actions (goals, planning, friendships, etc)**
- **Accepting responsibilities**
- **Making corrections as needed**
- **Sharing, empathizing, sympathizing & plain old-fashion love.**

**Q & A**

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